



HCANA Minutes for December 17, 2023

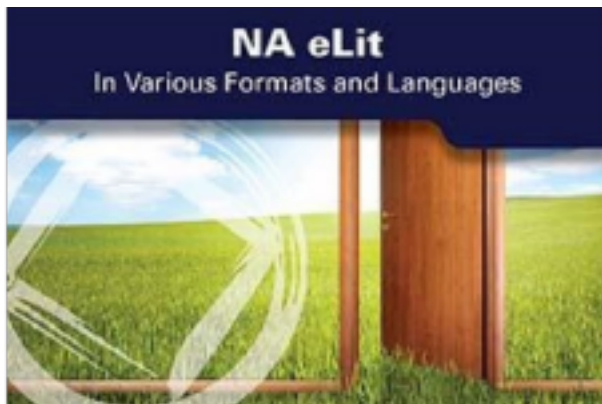
Serving: Kyle, Johnson City, New Braunfels, San Marcos, Seguin, Universal City,
& Lockhart

Our participation matters

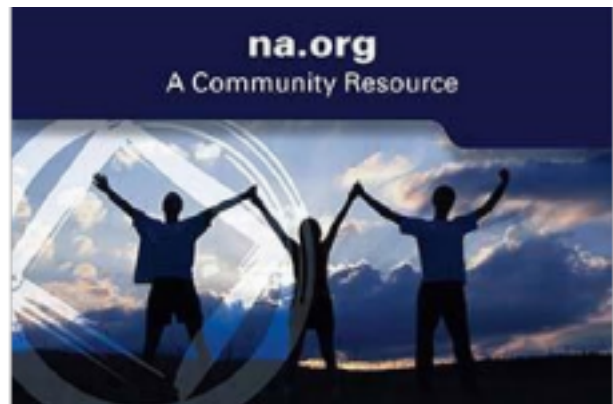
Look for action information in red ink.

Have you visited another group lately? Have you enjoyed having visitors?

NAWS wants to hear your comments/concerns and answer any questions you may have. Feel free to [email our Customer Service](#) department and let us know what you think.



<https://www.na.org/?ID=elit>



https://cart-us.na.org/content/files/images/WebstoreHomepage_Community200.jpg

**** [NAWS Webstore Above link directs you to the literature store.](#) ****

[Enter the site and use the shopping cart to find the sources for literature, tags, and medallions.](#)

- Hill Country Area Zoom/ In Person Meeting
- Call to Order: 2:00 P.M.
- Moment silence, Opened with the Service Prayer, 12
- Concepts, 12 Traditions
- Roll call
- The November minutes reviewed and approved.

- Phoenix Group will be part of the Hill Country Area

Group Service Representatives (GSR's):

Group Name	GSR	Attendance
Clean and Serene	John	Present
Courage to Change	Melissa	Present
Freedom	Laura	Present
Just Stay	No GSR	Absent
Lockhart Book Club	Ben	Absent without Notice
Miracles Happen	No GSR	Absent without Notice
NA Way	Robyn	Present
A New Way	Larry	Present
Never Alone	Keith	Absent with Notice
Simplicity	Lee	Present
SOS	No GSR	Absent without Notice
Surrender to Win	Susen	Present
The Desire to Stop Using	Alison	Absent without Notice
Women Do Recover	Michelle	Present
Men at Work	Raz	Present

Administrative Body:

Position	Name	Attendance
Chair	Darren	Absent with Notice
Vice Chair	Brian T.	Present
RCM1	Shan	Present
RCM2	Brian	Present

Treasurer	Deanna	Present
Vice-Treasurer	Jodie	Present
Secretary	MaryAnne	Present

Subcommittee:

Position	Name	Attendance
Activities	Raz	Present
H&I	Susen	Present
Public Relations	Mike	Present
Web Servant/Phone line	Jason	Absent with Notice
Policy	Robyn	Present

Group Reports (special needs, donations, general info, points of interest)

Group Name	GSR	Report
Clean and Serene	John L.	<p>Clean & serene We meet every Thursday at 7pm @ 280 Navarro dr Or attendance is 4 -6 ppl with 1 newcomer this month This is an open format meeting We are following traditions an paying rent We are carring a clear message of recovery We do have a 10\$ donation for December We do have literature available</p>

<p>Courage to Change</p>	<p>Melissa</p>	<p>Good afternoon family. Our group is doing well. Following traditions and providing a clear NA message of recovery. Date and time has not changed. We still meet Fridays 7pm at 3 Commercial Place, Schertz. Our speaker for December was Cameron M - a huge thank you to him and everyone who came out to support and share food and cake with us. Our speaker meeting which is normally the 2nd Friday of the month is moving to the 3rd Friday for January. Our speaker is not yet confirmed. When we have confirmation we will send the flyer to the area. We do not have an area donation for this month. Thank you for allowing me to be of service.</p>
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<p>Freedom</p>	<p>Laura</p>	<p>Greetings all from the Freedom group. All is well with our group. We enjoy a great meeting site . Our attendance is 30 plus most weeks. We follow traditions and work together to carry a clear message of Narcotics Anonymous. We continue to be gifted with the opportunity to welcome newcomers and residents of Windmill Wellness. Our annual "after the meeting" Christmas party will be this Tuesday, December 19. It is a potluck and the expected dishes include homemade Mac and cheese, ham, chili, salad, brownies, other desserts, and brisket. Home group members and members with the ability are asked to bring extra white elephant gifts so there are enough for all newcomers. The gifts are meant to be fun and inexpensive or true white elephants one has around their home. Na cups, tshirts, caps, and convention swag are popular. The meeting time is not adjusted. Please know all are welcome. We love visitors! We have made a \$60 donation this month.</p>
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Just Stay	Vicky Jo	<p>JUST STAY GROUP</p> <p>Meets Fridays 7 - 8:15 P.M.</p> <p>@ 617 Elliot Knox Blvd. New Braunfels, TX 78130</p> <p>Facility is wheelchair accessible.</p> <p>Just Stay is an open meeting with N.A. literature rotation readings format.</p> <p>A clear Narcotics Anonymous recovery message is carried.</p> <p>As are N.A. Traditions are practice.</p> <p>The group is in good standing with the faculty contact person & following the facility's guidelines.</p> <p>We welcome the Newcomer to stay & come out to let use celebrate your early milestones (30dys., 60dys., 90dys., 6months, 9months) with cupcakes at our JUST STAYING GROUP.</p> <p>No Area Donation this Month</p>
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4

Lockhart Book Club	Ben	No Report
Miracles Happen	No GSR	No Report

5

NA Way	Robyn	<p>The NA Way continues to meet at 510 N Guadalupe in San Marcos on Thursday nights from 7-8pm. We are welcoming new comers and a few regulars as well. Our current average attendance is between 1-8.</p> <p>We are in good standing with the facility and following all traditions to the best of our ability. We have no donations this month.</p> <p>Wishing you all a happy Christmas and prosperous New Year!</p>
Never Alone	Keith	<p>Never Alone Group</p> <p>Time and location: Mondays and Fridays <u>at 7pm</u> in the UCM Facility, San Marcos</p> <p>Format: Meetings are open meetings. Monday - Candlelight, Friday - Literature Study</p> <p>Group Announcements:</p> <p>Average Attendance: fluctuating on ave. 5-10 people</p> <p>Practicing traditions to the best of our ability, in good standing with our facility</p> <p>Donation: ?</p>
New Way-Canyon Lake	Larry	<p>A New Way meeting is doing great. We're following traditions and are not needing any assistance from area at this time.</p> <p>Our average attendance is at 7 to 19 peoples are attending. On the 29th we are having Tomas S as a speaker and potluck Christmas party afterwards.</p> <p>We are at 208 Flintstone Canyon lake TX 78133 at the Canyon Lake United Methodist Church.</p> <p>We have nothing to donate this month. And look forward to seeing everyone on the 29th.</p>

Simplicity	Lee	<p>Simplicity meets every Monday from 7 to 8:15pm @ The Salvation Army of NB 617 Elliot Knox Blvd New Braunfels, Tx 78130</p> <p>Wheelchair accessible This is an open/rotating format meeting. Obligations are being met with the facility. Rent is paid and we are practicing traditions. We have quite a few dedicated regular attendees at this meeting. A clear message of recovery is being carried. Average attendance has been 7-11 members this last month \$50 - Area Donation (cash delivery) Our group does not need anything from area at this time.</p>
SOS	No GSR	No Report
Surrender to Win	Susen	<p>Surrender to win meets every Sunday from 7-8 at 107 Veterans Drive in Kyle. We have an area donation of \$241.82. All of our positions are filled. On Christmas Eve we will have a potluck dinner from 6-7 and our regular meeting from 7-8. Please come and join us! Bring a dish if you can. On New Year's Eve we will have a speaker meeting. Pizza from 6-7 and Tomas S. will speak from 7-8. We would love to see everyone there. As this is my last area as GSR, I want to thank my home group and area for allowing me to be of service.</p>

The Desire to Stop Using	Alison	No Report
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Women Do Recover	Michelle	<p>The Women Do Recover meeting is doing well. We're following traditions and are not needing any assistance from area at this time. Our average attendance is back up and between 10-12 women are attending regularly. Still getting 1-2 newcomers a month. Our White Elephant Pot Luck was amazing and we had about 20 women there!</p> <p>We still meet at 790 Generations Dr. Suite 515 New Braunfels, TX 78130 on Saturdays at 12:30pm. We're making a donation to area in the amount of \$53. I'll either have it with me on Sunday or Becca will make the donation online. This month we will have a speaker meeting on 12/30/23 and it will be the lovely Elizabeth P. Come help support her!</p> <p>Thanks! See y'all Sunday!</p>
Men at Work	Raz	<p>Currently we are meeting at 2629 Common St the Gruene United Methodist Church in New Braunfels. From 7pm-8pm Our attendance us anywhere from 12-15 people It's an open men's meeting but no addict turned away We are following traditions and we are carrying a clear message of Recovery We are paying rent and are in good standing with the facility We do have a \$25.00 donation this month If you are in New Braunfels on Wednesday or just wanna come show some support show up we would love to have you Thank you for allowing me to be of service</p>

Administrative Reports:

• Chair, Darren:

No Report

• Vice Chair, Brian T.:

Great Morning Everyone!

God give us the tools we need to overcome the obstacles we're going to face today.

HC Area today in Kyle, Tx. at 107 Veterans Dr

Thank you to all who have put aside self and committed to serving others and are present today either in person or on zoom. The still struggling addict needs you, and even if they don't know it yet, depend on your participation. This truly is a life saving program.

Elections will be held this month. Anyone who is nominated will be required to be present to qualify themselves.

Looking forward to what God has in store for HCANA and feel blessed to be able to participate.

• **Treasurer, Deanna:**

Hill Country Area Narcotics Anonymous Service Committee Meeting on 12/17/23

Treasury Report: Treasurer Deanna F. Alternate Treasurer Jodi L.

Hi HCANA Family

Please submit any receipts for reimbursement. (text Deanna receipts, & she can get check to you). If you have any funds to give to HCANA, please do so for a receipt. (Receipts for Groups are written)

If you have any Group Donations not already submitted, please do so ASAP please. Square is available or donate at www.hillcountryna.org.

The November 30, 2023 Bank Statement has been reconciled with the checkbook registry and the

Ledger. No discrepancies noted. Along with the November 2023 Treasurer's Report, attached to this report are a copy of November 2023 RBFCU Bank Statement and a copy of the November 2023 Financial Ledger.

Checking Beginning Balance November 1, 2023 - \$998.67

Income \$ 562.27 (11/30/2023)

RBFCU Dividend - \$0.03 on November 30, 2023

Misc. Donations – \$41,00 Gratitude Speaks Dinner

Group Donations - \$562.27 net of \$566.50

o \$96.80 (\$100 net of Square fees) The Freedom Group

o Never Aline \$11.50

o Courage to Change \$168

o Simplicity \$9

o Surrender to Win \$119

o \$45 Lockhart Book Club

o \$40 A New Way

o \$23.97 \$25 net of Square fees) Men at Work

o A New Way \$48

Expenses \$ 522.26 for November 30, 2023

\$10.00 Twillio

\$26.40 Postage

82.70 Gratitude Dinner

\$403.16 World donation quarterly

Checking Ending Balance on November 30, 2023 to close out month \$1,038.71

Savings Balance \$ 812.22 after a \$0.20 dividends deposit on November 30, 2023

Current Checking Acct Balance after all deposits and cleared checks = \$1,038.71

Accounting Notes:

Check 1328 will be written to TBRNA, so far for \$56.22 thus far for November 30, 2023 for 10% Group Donations. Check written at the end of the month to include all group donations for the month.

Please let me know if you have any questions or concerns.

Thanks for letting me serve HCANA.

In Fellowship,

Deanna F HCANA Treasurer

Jodi L HCANA Alternate Treasurer

• **Vice-Treasurer, Jodi:**

Nothing to report

• **RCM 1 & 2, Shan and Brian:**

Greetings, family, what a year it has been. So much has happened, is happening, and will continue to happen as we continue onwards in our recovery journey together. I want to give a shout out to our RCM Shan O for her service and commitment, and for her perspective and presence. We have had a blast and I would not have traded our time together for anything.

For Regional business, we are still in the process of looking for a new Recorder and a Vice Treasurer for this upcoming year. If you, or anyone you know is interested, please reach out to us and we can get you the clean time/service requirements needed to step in and fulfill these positions. Also, a reminder that we have established Sponsorship Behind the Walls as a standing subcommittee, with our area's own Susen GB as the chair. If you or anyone you know is interested in getting involved and providing contact information to support this effort, please get with one of us or Susen. Please forward this information to your home groups.

Convention season is coming up and there are a lot of fun activities and events planned for the beginning of the year. First up, we have the Esperanza Area's Convention. You can register on eacnasa.org . This convention will take place on January 12, 13, and 14 at the San Antonio Marriott on 77 NE Interstate 410 Loop. Next up we have the Tejas Bluebonnet Regional Convention on February 9, 10 and 11 at the Omni in Corpus Christi on 900 North Shoreline Blvd. You can register for TBRCNA at tbrdna.org/ . These are always a blast.

The next RSC moved dates due to co-occurrence with TBRCNA. Instead of the 2nd Saturday in February, it will be held on the 1st Saturday the 3rd. It will take place in our neck of the woods in Austin at 5555 N Lamar Blvd, suite J-103. This is a great

opportunity for people from this area to come up and support, and learn more about what we do at our regional service conferences. Please get with us if you need any additional information.

Our regional website is tbrna.org . Feel free to check that out and explore. There is a link to our policy, to upcoming events and service opportunities, meeting information and more. Also, please check out natexas.org . This is going to be a great resource for us, but also for professionals that can direct people they work with that need our services to us. Please pass this along to your home groups and explore. Some exciting things are happening and it is amazing to see addicts from all over Texas organizing and collaborating together to create these tools.

Subcommittee Reports:

• Activities Chair, Raz:

There is nothing to report thank you for allowing me to serve at an area level it has been an honor and I am available to assist in the New year....

• H& I Chair, Susen B.:

Here is the amendment to my report.

Driftwood (Mike F is the coordinator)

Second Thursday every month at 7.

10-20 people in attendance.

Right Step (Robyn K is the coordinator)

Last month every month at 7.

20-25 people in attendance.

Literature has been given to Raz.

They are wanting another meeting on the 2nd Monday. We are going to work on this.

Windmill (Open)

4th Sunday of every month

20-30 people in attendance

Brian B will step down in January. This does not mean the meeting will not be happening.

Larry is going to talk to some of his home group members about becoming the coordinator.
(His home group is in Canyon Lake)

Hays County Jail (Mike F is the coordinator for the men's side and Robyn K and Elizabeth H for the women)

Men's-Wednesdays at 7

1-3 people attend

Women's-Every other Tuesday from 7-8:30.

1-8 people in attendance.

This facility needs help. Mike F is working with them to streamline the process. I have PDF of the paperwork needed.

We have a list of all oriented H&I volunteers from CTANA. We can pull from this list as well as ours. I have an updated list for HCANA.

*Plum Creek Recovery (Women's side) wants a meeting from us. Meeting on Saturday night at 7 was discussed. Several people from Lockhart are interested in facilitating this position. More will be revealed.

It's been proven to be a very prudent use of our funds to only use Intro Guides and the IP The Triangle of Self-Obsession. We will need 1 case of Intro Guides and 100 Triangle of Self-Obsession.

We have a PDF of the H&I handbook available to anyone that needs it.

Our next meeting is at noon the Sunday before area via Zoom.

• **PR Chair, Mike F.:**

Hi family. We had a poster/flyer day in New Braunfels on 12-9. Patsy P gave the presentation at the beginning and answered questions. I would like to thank John L and Emily S for participating in this event. We had a great time posting flyers around the community and I provided them with more to have their own flyer day in their home group. Shoutout to Patsy for your help. You rock as always.

• **Policy, Robyn:**

Nothing to report

- **Web servant/Phone line, Jason:**

- **Old Business:**

Nominations for Area:

- Hnl chair - Elizabeth P.; accept
- Treasurer - Jodi L.; accept ALT treasurer needs a volunteer
- RCM 2 - Deanna; accept
- Vice Chair - Jason P.; not present to accept
- Web servant - Victoria C; not present to accept
- Policy - Melissa T.; accept
- Activities - Larry; accept
- Public Relations - Mike
- Secretary - MaryAnne; accept - clean time waived
- Seeking a volunteer to facilitate the zoom at every area - Kai

Next Area will be held at
107 Veterans Drive
Kyle, Tx 78640
On December 17, 2023

- **New Business:**

- [I Propose a \$25 donation be made to facilities hosting the HCANA area meetings on a monthly basis. - D. Fairchild] - passed by acclamation
- **NOMINATIONS:**

Hnl chair - Elizabeth P.; accept & nominated - passed by acclamation

Treasurer - Jodi L.; accept & nominated - passed by acclamation (*ALT treasurer needs a volunteer*)

RCM 2 - Deanna; accept & nominated - passed by acclamation

- **Vice Chair - OPEN [need of nominations]**

Web servant - Victoria C; accept & nominated - passed by acclamation

Policy - Melissa T.; accept & nominated - passed by acclamation

Activities - Larry; accept & nominated - passed by acclamation

Public Relations - Mike; accept & nominated - passed by acclamation

Secretary - MaryAnne; accept & nominated - passed by acclamation [clean time waived]

Chair - Brian T; accept & nominated - passed by acclamation

Seeking a volunteer to facilitate the zoom at every area - Kai

- **Jodie Lane and Brian Thompson need to be added to the RFBCU checking account as authorized signators**

- Proposed change to current policy of

Section 11.H Line 1 Area Budget:

1. {The budget will include \$100 per person for single day RSC and for RCM's, H&I, and PR.

Travel budget will be increased as needed.) to
{The budget will include \$100 per person for single day RSC and for RCM's. Travel Budget
will be increased as needed.}

- Proposed change to current policy of

Section 6.l line 2 Public Relations:

2. {Attend the ASC and RSC}..... to
{Attend the ASC}

- Proposed change to current policy of

section 6.k Line 2 H&I:

2. {Attends ASC and RSC}..... to
{Attend ASC}

Next area meeting:

January 21, 2024 @2pm

790 Generations Dr #515

New Braunfels, Tx 78130

[H&I reports from each facility:](#)

Driftwood, Michael:

Hi family. Seasons Greetings, I hope everyone is doing well. Driftwood panel meets on the second Thursday of each month at 7:00 pm. Rachel was not able to attend this month so I went alone. Average attendance is 10-15 people. We had great participation from the residents and the topic was well received. Two people were from the Austin area and asked questions about NA meetings afterwards. I shared the HCANA and CTA websites and gave them QR cards and Intro Guides.

The Right Step, Raz:

We are currently bringing a presentation to this facility every last Monday of the month

Attendance is anywhere from 20 - 25 people

They are showing a huge interest in Narcotics Anonymous and would love to have more meetings of possible

We handed out a Basic text and some IPs along with some business cards

If possible I would like to see if I could get some more white booklets and maybe some IPs "am I an addict", "welcome to NA", "Who-What-How and Why", "For the newcomer", "sponsorship"

Thank you for allowing me to be of service

The Windmill Wellness Ranch, Brian:

Hey everyone, the Windmill Wellness Ranch panel meets the 4th Sunday of every month at

26229 Cranes Mill Rd in Canyon Lake from 5:45 to 6:45pm. Attendance has been between 20 and 30 and a clear message of recovery is being carried. Cassidy L and Taylor L have become regulars on this panel and I am so grateful for their commitment and their messages. They have added a new layer and life to this panel and the people at this facility are benefitting from that.

Our next panel is scheduled for Christmas Eve. Please let me know if you are interested in joining in on this panel. My experience has shown me that these panels on holidays can be extra impactful for the people receiving our message. Not only are they unable to physically be with their families during that time, but we are showing them the powerful example of the commitment to which we carry out our service and pursue our recovery. Whether they consciously know it or not, their spirits are aware that we could be anywhere during that time and are making the conscious choice to be there with them. Last year it fell on Christmas and we had such an amazing time. Again, please let me know if you are interested in joining me on 12/24.

Lastly, I want to reiterate that I would like to step down as panel leader after this month. I plan to still help out with this panel, but it is time for someone else to step up and be the point of accountability with the facility and to this body. Thank you for trusting me to do this work the last 4 years. Love you all.

Hays County Jail, Michael:

I go to Hays County Jail every Wednesday from 7-8:30 to carry our message. We average 1-3 men each week. Following traditions and providing literature to the inmates. Still need some help in this facility so if interested contact Susen or myself.

In loving service. Mike F

Hays County Jail, Robyn/Elizabeth:

Elizabeth H and I continue to visit the ladies at the jail every other Tuesday from 7-8pm. Attendance is between 1-5 in each pod. I'm forever grateful for Elizabeth's strength and guidance!! I'd be a total mess without her! Thank you Liz!